

Incorporating the Royale Elixir into your hair routine as a daily treatment will promote hair growth and keep your scalp fresh between wash!

## **Daily treatment**

Apply a small amount of the Royale growth elixir from your scalp to 1 inch from your roots. Massage in very well for 2-5 minutes. Style as usual. Can be utilized daily or as needed.

If you want to add extra moisture to your hair, promote softer and more vibrant hair. Or if you just want to make your hair easier to detangle and prevent breakage, then include Royale in your Pre-Poo routine!

## Overnight pre-shampoo (pre-poo) treatment

The night before wash: apply and distribute a generous amount from roots to end (feel free to add your favorite conditioner for maximum moisture) Massage in thoroughly, cover with a plastic cap or wrap for intensive conditioning. Wash well the next day and follow up with regular shampoo routine.

To help with dandruff, reduce frizz, fewer split ends, increase hair strength, reduce dryness of both scalp and hair; Try the hot oil treatment with Royale!

## **Hot oil treatment**

Once you have shampooed your hair, warm up 3-6 tablespoons; before applying the elixir ENSURE that it is NOT too hot by testing it on your wrist. Then you can apply and massage the elixir to your damp hair and scalp. Cover your hair with a plastic cap for 20-25 minutes then wash the oil out completely and finish up with your regular conditioner.